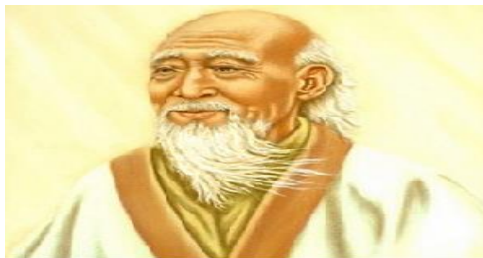


### What I should already know

There are many different religions.

Different religions have different Gods and Goddesses.

People can practice whichever religion they choose to.



道



## Taoism

### Key Knowledge

Taoism is a religion that was created in China long ago and is still practiced in Asian countries.

Tao means 'the way,' and it is described as a force or energy that everyone and everything has.

People who believe in Taoism believe that everyone should try to live in peace with 'the way.'

If someone lives with 'the way,' then their soul will be free, and they will live forever.

Taoism started with the thoughts and writings of a man named Lao-Tzu

Taoism could have started about 2,500 years ago.

Taoism's sacred book is called the Tao Te Ching.

People who are Taoist believe that acting good and making good choices helps your soul.

The Yin Yang symbol represents harmony, or how two opposite things (such as day and night or good and evil) must work together peacefully.

### Key Vocabulary

**Taoism** – a religion that was created in China long ago.

**Tao** – means 'the way,' and it is described as a force or energy that everyone has.

**Lao-Tzu** – a philosopher who thoughts and writings started Taoism.

**Philosopher** – a person who studies ideas about knowledge, truth, and the meaning of life.

**Tao Te Ching** – the name of Taoism's sacred book.

**Beliefs** – an acceptance that something exists or is true.

**Selflessly** – acting in a way that is concerned more with the needs and wishes of others than with one's own.

**Yin Yang** – a symbol which represents harmony, or how two opposite things work together peacefully.

