

# NEWSLETTER

September 2022

### WEEKLY WALKS

Wednesday's - Boxx2Boxx cafe Northenden 11am (M22 4FY) Free drink afterwards!! Thursday's - Benchill Community centre 11am (M22 8EJ)

Friday's - Woodhouse park Lifestyle centre 11am (M22 1QW)

For more info email chantel@thrivemanchester.org.uk or call 07921 291093





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Below are just some of the ways you can help support Thrive Manchester. Simply visit any of the below and sign up for free. Thrive Manchester get a small donation on any purcahase you make.



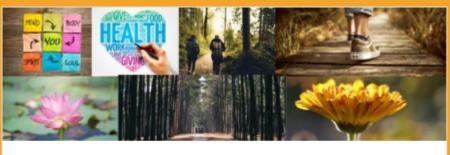
#### Donate to Thrive Manchester

Make donations and fundraise for Thrive Manchester with Give as you Live Donate.



#### Buy gift cards that give

Buy or reload gift cards and raise free funds for your choice of charity, school or church.



#### Shop Online & Raise Money For Thrive Manchester

Shop online with Give as you Live Online and raise a money for Thrive Manchester the simple way.

giveasyoulive





### CLOTHES, SHOES AND TOY'S GIVEAWAY

If you know anyone that's in need of clothes, shoes or toys. We have lots to giveaway, various sizes available. For more details contact Dave on 07921 291093 or email dave@thrivemanchester.org.uk

Thrive Manchester is a charity registered in England and Wales number 1183084